

Hixburg Items Reported

Hixburg, June 24.—Farmers are busy cutting wheat and threshing will soon begin.

Mrs. E. P. Sears, Mrs. H. M. Mar-

EHRICH'S
LYNCHBURG, VA.
OPTOMETRIST—OPTICIAN

Eyes Examined—Glasses Fitted
Send Us Your Repair Work
PRESCRIPTION WORK
A SPECIALTY
WE PAY POSTAGE
1107 MAIN ST.

William Swan was a guest Sunday in the home of N.S. Topping.

Trade with our advertisers.

Hitler reported on front with army attacking Russia.

Only pictures of fighting in Europe reaching this country are German made.

Appomattox needs boosters.

French increase fund for cost of occupation.

Elements in Spain favor Germany in attack on Russia.

Lord Beaverbrook named head of British Supply department. Report British to concentrate on making of heavy tanks.

Appomattox baseball team to play at Brookland Saturday, and at Farmville Sunday afternoon.

Keep your premises tidy.

Let us do your job printing.

YOUR BANK

WANTS TO SERVE YOU

Some Of The Things We Can Do For You

Lock Boxes For Your Valuable Papers

Personal Loans With Satisfactory Endorsers

Finance Installment Deals On—Automobiles

Water Systems

Refrigerators

Feel Free To Talk It Over With Us

Armer's National Bank
Appomattox, Virginia

Clubwoman: Wageman: Homewoman—

SHE'S THE SAME PERSON, when she goes to a store.

At her club meeting, it's kind of fun to hear some radical lecturer "prove" that most manufacturers are slickers, most store clerks are chinks, and most advertising is baloney.

But watch the clubwoman when she starts buying. She wants her money's worth and she gets it. How? By first consulting the advertisements. Then by choosing the products she knows—the trade-marked, nationally advertised products that have been on the market for years.

Those trade-marked, advertised articles are the ARISTOCRATS among all the things she buys—or that any of us can buy.

Courtesy Nation's Business

Harvard Forced to Sue

In 1885 for \$30 Legacy

CAMBRIDGE—How poor, struggling Harvard college won an annuity of \$7 (about \$80 in 1885) has been revealed by research.

In the inferior court of pleas suit was filed in February, 1885, by Samuel Nowell, college treasurer, against Roger and Kipman Brien.

It sought payment and John Scarlett, in 1879, says the Boston Transcript. The college won the stated amount.

Sissy Huskies Balk

An Army Experiment

FAIRBANKS, ALASKA.—Thirty-five dogs, which the army sent on a long experimental mushing expedition, completed the trip by

A third of the way on their projected trek from Chilkoot bar to Fairbanks, half the expedition became ill with distemper. The experiment was abandoned.

Phone 30 with Parsons.

R. A. F. keeps up constant hammering of German-held invasion ports and Ruhr industrial area.

YARDSTICK GIVEN FOR GOOD NUTRITION

The new yardstick for good nutrition set up for the United States marks an important milestone in nutrition progress, says Mrs. B. G. Anderson, extension home demonstration agent for Appomattox county.

A committee of leading nutritionists worked out this yardstick as a guide to improving the nation's food habits. It sets a goal toward which to aim...an adequate diet for everyone in the country.

Although most homemakers will never use the yardstick in its original form, it can be of invaluable help to them. For nutrition leaders in every section of the country are adapting their interpretations to suit different localities, different seasons of the year, and different food budgets.

Home economists of the U. S. Department of Agriculture translate the yardstick in terms of a master plan for the daily diet. This plan is set up to allow the homemaker herself to make choices while in important food groups.

"According to this master plan, the following should be included in each day's diet: Milk for a growing child, 3-4 to 1 quart; for an expectant or nursing mother, 1 pint or more. Tomatoes, oranges, grapefruit, green cabbage, leafy greens, 1 or more servings. Leafy, green or yellow vegetables, 1 or more servings. Lean meat, poultry, fish, 1 or more servings a day. Cereals and bread, at least 2 servings a day of whole-grain products or 'enriched' bread or sweet, some butter and sweets to satisfy the appetite.

Keep your premises tidy.

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Beckham News

of the Week

Beckham, June 30.—Mr. and Mrs. Len Martin and family and Mrs. A. F. Drinkard were dinner guests on Sunday in the home of Mrs. Gibbs Martin.

Alvin Bell has been sick with an attack of appendicitis. It is hoped the worst is over and he will avoid an operation.

Mr. and Mrs. Guy Campbell will move from J. R. Horley's Tuesday. Mrs. Campbell will take this place at Mr. Horley's.

Mrs. T. H. Burge is on the sick list, as well as her infant son, who has pneumonia.

Quite a number of farmers in this community have threshed wheat and those who have threshed are pleased with the yield.

Mrs. Maxine Story, who spent several days last week in Lynchburg with her sister, Mrs. E. A. Drinkard, returned to her home at her parents, Mr. and Mrs. H. M. Martin, last Saturday. Her daughter, Thelma, who had been visiting her grandparents, Mr. and Mrs. Story, in Amherst, returned home, also.

Emory Martin, who works in Lynchburg, is off for a few days as he is spending the time with his parents, Mr. and Mrs. H. O. Martin.

Born on June 17th, to Mr. and Mrs. M. G. Martin, a baby girl, Barbara Kathleen.

There will be a lawn party at Trinity church Saturday, July 1, beginning about 6 o'clock. Everybody come, have a good time, and support a good cause.

Ronald Bell, of Baltimore, was at home for the week-end.

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British Keep Up Spirits in War

Concerts and Plays Planned by Professionals to Entertain Public.

LONDON.—Britain is fighting this war not only with planes, cannon and munitions, but also with violin bows, camel hair brushes and pipe scripts.

A total of \$100,000 already has been granted for promotion of the battle on the entertainment front. Last year \$500,000 was expended and a like sum is included in the 1941 plans for the advancement of music and the arts.

Under the direction of the council for the encouragement of arts and music, the program aims to "maintain the best in civilization."

The council already has been responsible for the encouragement of arts and music, the program aims to "maintain the best in civilization."

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Forest View Happenings

Forest View, June 30.—The cloudy damp weather is keeping the wheat cutting at a slow progress.

Mrs. Mary Galloway, of Lynchburg, spent last week-end with her mother, Mrs. N. D. Marshall. Mrs. Pauline Cooke, of Phenix was also a Sunday visitor in this home.

Mr. and Mrs. W. C. Lee spent last Sunday afternoon in the home of J. A. Martin. A. D. Marshall also spent awhile in this home.

Mr. and Mrs. W. L. Ford visited in the home of T. H. Ford last Sunday afternoon.

J. R. Ford, of Appomattox was also a visitor in this home recently. Also, Mrs. Jordan and daughter, Evelyn, of Spring Hill.

It is reported that a large bar is in the vicinity of Spring Hill, or near the Wood place. Hundreds of people gathered to try to capture it.

Mr. and Mrs. J. E. Sears entertained a number of young people last Friday evening at a picnic on the lawn, honoring her house guest, Miss Margaret Reynolds, of Jackson, Tenn.

Miss Dorothy Lee Johnson, of Lynchburg, spent several days this week with Miss Clara Whitely Moore.

Mrs. J. C. Hudgins has returned to her home here after spending several days at Surry.

Miss Annie and Jesselyn Hancock will leave Sunday for a five-week trip to the West Coast.

Miss Dorothy Sears, of South Boston is home for the summer.

Mrs. D. A. Christian and Miss Agnes Christian, of Richmond, are visiting relatives in the county.

Irving Woodbridge, of Richmond spent Sunday with his mother, Mrs. Woodbridge, of Lynchburg. She accompanied him home for a visit.

Guests in the home of Judge and Mrs. W. F. Flood over the week-end were: Miss Ada Davis, Mrs. T. R. Lewis, Mrs. Robert Whitehead and Mrs. L. G. Hall, of Richmond.

Mrs. W. F. Woolford, and son, Billy, of Petersburg spent last week with Mrs. W. W. Scott.

Mr. and Mrs. Charles Crawley and son, of Atlanta, Ga., will arrive the latter part of this week to spend their vacation with relatives.

Miss Peggy Henderson, of Richmond, who has been visiting Mrs. M. D. Henderson, Sr., of Bedford.

Miss Caroline B. Cates and son will leave next week for an extended vacation in New Jersey.

Dr. Havelock Babcock has returned from his trip to the "hot" spots, where he had been a patient for several days.

Mr. and Mrs. R. C. Lawson, of Spotsylvania, S. C., visited relatives here Sunday.

Mr. and Mrs. R. C. Flesham and Miss Lena Morris, of Bluefield, spent the week-end with R. P. Ramsey.

Mrs. Mattie Moss, of Lynchburg, is spending the Fourth of July week-end in the same home.

Mrs. E. W. Austin and son, Henry, of Lynchburg, are visiting Mrs. W. S. Bryant.

Mrs. T. U. Conner, Mrs. Evord Conner, Mrs. Frank Hancock and son spent Wednesday at Cullem with Mrs. W. S. Bryant.

Mrs. Bolling Conner will spend next week in Lynchburg with her mother, Mrs. Benjamin Stued.

The R. A.'s entertained the G. A.'s at a picnic at Townsland Lake Tuesday afternoon.

Mrs. L. B. Crouch, who has been visiting her daughter, Mrs. W. P. Ferrell, returned to Roanoke Wednesday.

Miss Beulah Ferrell and Raymond Jamerson visited R. F. Jamerson on Sunday. Mr. Jamerson is a patient in the University hospital, Charlottesville.

W. E. Ferrell was in Roanoke Wednesday.

Mrs. J. C. Caldwell and son, Jack, left Wednesday to spend the week-end at Yorktown.

Miss Hilda Carter spent last week motoring through several Southern states. Miss Carter will spend this week-end at Mountain Lake.

Miss Lucille Moon spent the week-end with Miss Avia Godsey. They spent Sunday afternoon at Holiday Lake.

Mrs. Bernice Wilkerson, of Philadelphia, spent Monday in the home of Mrs. Jennie Blackwell.

Eddie Blackwell, of Radford spent the week-end with his mother, Mrs. Jennie Blackwell.

Douglas Allen, of Farmville, is visiting his mother, Mrs. D. A. Conner. Other guests for the week-end were: Mr. and Mrs. P. W. Coleman, of Everettsburg, Mr. and Mrs. Calvin Coleman, of Richmond, and Mrs. Lena Allen, of Farmville.

Mr. and Mrs. Hunter Dickerson have returned home from a trip through North Carolina, Tennessee and Kentucky. En route they were entertained at dinner by Mr. and Mrs. Joe Howerton, of Roanoke.

Mr. and Mrs. J. E. Dickerson were dinner guests Sunday of Mr. and Mrs. J. D. Morris and Mr. and Mrs. Hunter Dickerson.

J. L. Gordon, Jr., of Fort Meade, Md., arrived Tuesday to spend a few days at his home.

Mrs. Oia Patterson, Mrs. G. L. Doss and daughter, LeFlore, Mrs. H. G. Johnson and daughter, Barbara Ann, left Wednesday to spend the rest of this week at Mountain Lake and Fairy Stone Park.

Miss Earline Maxwell visited Miss Margaret Goin, who is sick.

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Appomattox Personal Items

Lieutenant Charles Abbott, of the U. S. Army, is a graduate of V. M. I., left recently for Fort Benning, Ga., for service in the U. S. Army.

Mr. and Mrs. G. F. Abbott, Jr., spent several days last week with Mrs. Jennie Johnson, in Charlottesville.

Miss Frances Candiff, of Richmond, spent last week-end with her mother, Mrs. N. D. Marshall. Mrs. Pauline Cooke, of Phenix was also a Sunday visitor in this home.

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